

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Schertz Area Senior Center January 2019 608 Schertz Parkway Schertz, TX 78154</p>	<p>Facility Closed New Year's Day</p>	<p>1 9 - 11 Pickleball @ the Y 9:15 Aqua Aerobics @ AC 9:30 Choir Practice 9:30 Silver Sneakers Classic 9:35 Zumba @ the Y 10:30 Family Feud 10:30 Silver Sneakers Circuit 10:35 Gentle Yoga @ the Y 12:30 Bingo - Tidewater 12:30 Double Pinochle 1:30 Coloring Book Club 1:45 Line Dancing</p>	<p>2 9:00 AOA Adaptive Yoga - Rose 9:00 Zumba Gold 10:00 Wii Bowling 10:00 AOA Chair Yoga w/ Rose 10:30 Ask Bruce - Gadget Play 12:00 Poker 12:30 Looming with Lupe 12:30 AgriLife 12:30 Be Senior Tech-Savvy 12:30 Mahjong 1:30 Ceramics w/ Connie 1:30 Chair Volleyball</p>	<p>3 9 - 11 Pickleball @ the Y 9:00 Water Fit Class @ AC 9:30 Silver Sneakers Classic 10:30 Zumba @ the Y 10:30 Silver Sneakers Circuit 12:00 Hand & Foot 7's & Canasta 12:30 WellMed First Friday Bingo 1:45 Chair Volleyball</p>
<p>7 9 - 11 Pickleball @ the Y 9:00 AOA Adaptive Yoga - Angie 9:00 Silver Sneakers Classic 10:00 Silver Sneakers Yoga 10:00 Bunco 10:00 Water Fit @ AC 10:35 Gentle Yoga @ the Y 12:30 Bingo - Hope Hospice 12:00 Poker 12:00 7's & Canasta 1:00 Sewing & Crafts 1:45 Line Dancing</p>	<p>8 Casino Trip All Day 9:00 Zumba Gold w/ Lisa 9:30 Choir Practice 9:30 Wii Bowling 10:00 AOA Chair Yoga 10:45 Aqua Zumba @ AC 12:30 Pinochle 12:30 Hot Potato 12:30 Looming with Lupe 1:30 Chair Volleyball</p>	<p>9 Popcorn Raffle Day 9 - 11 Pickleball @ the Y 9:15 Aqua Aerobics @ AC 9:30 WellMed Arthritis Exercise 9:35 Zumba @ the Y 10:30 WellMed Arthritis Exercise 10:35 Gentle Yoga @ the Y 11:30 WellMed Health Screenings 12:30 Bingo - NY Life 12:30 Double Pinochle 1:30 Coloring Book Club 1:45 Line Dancing</p>	<p>10 9:00 AOA Adaptive Yoga - Rose 9:00 Zumba Gold 10:00 Wii Bowling 10:00 AOA Chair Yoga w/ Rose 10:30 Ask Bruce - Gadget Play 12:00 Poker 12:30 Painting w/ Pat 12:30 Looming with Lupe 12:30 AgriLife 12:30 Be Senior Tech-Savvy 12:30 Mahjong 1:30 Chair Volleyball</p>	<p>11 9 - 11 Pickleball @ the Y 9:00 Water Fit Class @ AC 9:30 Silver Sneakers Classic 10:30 Zumba @ the Y 10:30 Silver Sneakers Circuit 12:00 Hand & Foot 7's & Canasta 12:30 2nd Friday Bingo Esplanade Gardens 1:45 Chair Volleyball</p>
<p>14 9 - 11 Pickleball @ the Y 9:00 AOA Adaptive Yoga - Angie 9:00 Silver Sneakers Classic 10:00 Silver Sneakers Yoga 10:00 Bunco 10:00 Water Fit @ AC 10:35 Gentle Yoga @ the Y 12:30 Bingo - Humana 12:00 Poker 12:00 7's & Canasta 1:00 Sewing & Crafts 1:45 Line Dancing</p>	<p>15 9:00 Zumba Gold w/ Lisa 9:30 Choir Practice 9:30 Wii Bowling 10:00 AOA Chair Yoga 10:45 Aqua Zumba @ AC 12:30 Pinochle 12:30 Hot Potato 12:30 Looming with Lupe 1:00 Markers & More 1:30 Chair Volleyball</p>	<p>16 9 - 11 Pickleball @ the Y 9:15 Aqua Aerobics @ AC 9:30 Choir Practice 9:30 Silver Sneakers Classic 9:35 Zumba @ the Y 10:30 Family Feud 10:30 Silver Sneakers Circuit 10:35 Gentle Yoga @ the Y 12:30 Bingo - NBRRH 12:30 Double Pinochle 1:30 Coloring Book Club 1:45 Line Dancing</p>	<p>17 9:00 AOA Adaptive Yoga <i>TBD</i> 9:00 Zumba Gold 10:00 Wii Bowling 10:00 AOA Chair Yoga <i>TBD</i> 10:30 Ask Bruce - Gadget Play 11:00 AgriLife 12:00 Poker 12:30 Sr Comm. Roundtable 12:30 Looming with Lupe 12:30 Be Senior Tech-Savvy 12:30 Mahjong 1:30 Advisory Board Meeting 1:30 Chair Volleyball</p>	<p>18 9:00 Water Fit Class @ AC 9:30 Silver Sneakers Classic 10:30 Zumba @ the Y 10:30 Silver Sneakers Circuit 12:00 Hand & Foot 7's & Canasta 12:30 Line Dancing 1:45 Chair Volleyball BINGO NIGHT 6 - 8 pm</p>
<p>21 Facility Closed Martin Luther King Jr. Day</p>	<p>22 9:00 Zumba Gold w/ Lisa 9:30 Choir Practice 9:30 Wii Bowling 10:00 AOA Chair Yoga 10:30 Choir Concert 10:45 Aqua Zumba @ AC 12:00 Make Up Poker 12:30 Pinochle 12:30 Hot Potato 12:30 Looming with Lupe 1:30 Chair Volleyball 1:30 WellMed Lecture Series</p>	<p>23 9 - 11 Pickleball @ the Y 9:15 Aqua Aerobics @ AC 9:30 WellMed Arthritis Exercise 9:35 Zumba @ the Y 10:30 WellMed Arthritis Exercise 10:35 Gentle Yoga @ the Y 11:30 WellMed Health Screenings 12:30 Bingo - NY Life 12:30 Double Pinochle 1:30 Coloring Book Club 1:45 Line Dancing</p>	<p>24 9:00 AOA Adaptive Yoga <i>TBD</i> 9:00 Zumba Gold 10:00 Wii Bowling 10:00 AOA Chair Yoga <i>TBD</i> 10:30 Ask Bruce - Gadget Play 12:00 Poker 12:30 Painting w/ Pat 12:30 Looming with Lupe 12:30 AgriLife 12:30 Be Senior Tech-Savvy 12:30 Mahjong 1:30 Chair Volleyball</p>	<p>25 United Healthcare Monthly Birthday Party & Raffle 9:00 Water Fit Class @ AC 9:30 Silver Sneakers Classic 10:30 Zumba @ the Y 10:30 Silver Sneakers Circuit 12:00 Hand & Foot 7's & Canasta 12:30 Line Dancing 1:45 Chair Volleyball Chamber Health Expo 1/26</p>
<p>28 9 - 11 Pickleball @ the Y 9:00 AOA Adaptive Yoga - Angie 9:00 Silver Sneakers Classic 10:00 Silver Sneakers Yoga 10:00 Bunco 10:00 Water Fit @ AC 10:35 Gentle Yoga @ the Y 12:30 Bingo - Legacy @ FR 12:00 Poker 12:00 7's & Canasta 1:00 Sewing & Crafts 1:45 Line Dancing</p>	<p>29 9:00 Zumba Gold w/ Lisa 9:30 Wii Bowling 10:00 AOA Chair Yoga 10:45 Aqua Zumba @ AC 12:30 Pinochle 12:30 Hot Potato 12:30 Looming with Lupe 1:00 Markers & More 1:30 Chair Volleyball</p>	<p>30 9 - 11 Pickleball @ the Y 9:15 Aqua Aerobics @ AC 9:30 Silver Sneakers Classic <i>TBD</i> 9:35 Zumba @ the Y 10:30 Family Feud 10:30 Silver Sneakers Circuit <i>TBD</i> 10:35 Gentle Yoga @ the Y 12:30 Bingo - Autumn Winds 12:30 Double Pinochle 1:30 Coloring Book Club 1:45 Line Dancing</p>	<p>31 9:00 AOA Adaptive Yoga <i>TBD</i> 9:00 Zumba Gold 10:00 Wii Bowling 10:00 AOA Chair Yoga <i>TBD</i> 10:30 Ask Bruce - Gadget Play 12:00 Poker 12:30 Looming with Lupe 12:30 AgriLife 12:30 Be Senior Tech-Savvy 12:30 Mahjong 1:30 Ceramics w/ Connie 1:30 Chair Volleyball</p>	<p>(210) 619-1970 Mon. - Thurs. 9am - 4pm & Friday 9am - 5pm</p>

Activities & Classes are subject to change. Cards & Games Played Daily in the Main Area.