

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>9 – 11 Pickleball @ the Y 9:00 Silver Sneakers Classic 10:00 Silver Sneakers Yoga 10:00 Bunco 10:35 Gentle Yoga @ the Y 12:30 Bingo – Hope Hospice 12:00 Poker 12:00 7's & Canasta 1:00 Sewing & Crafts 1:45 Line Dancing</p>	<p>4</p> <p>9:00 Walking Club 9:00 Zumba Gold w/ Lisa 9:30 Choir Practice 9:30 Wii Bowling 10:00 AOA Chair Yoga 10:45 Aqua Zumba @ AC 12:30 Pinochle 12:30 Hot Potato 12:30 Looming with Lupe 1:30 AMP Fall Class with WellMed 1:30 Chair Volleyball 2:30 Lighthouse Schertz Low Vision Club</p>	<p>5</p> <p>9 – 11 Pickleball @ the Y 9:15 Aqua Aerobics @ AC 9:30 Choir Practice 9:30 Silver Sneakers Classic 9:35 Zumba @ the Y 10:30 Family Feud 10:30 Silver Sneakers Circuit 10:35 Gentle Yoga @ the Y 12:30 Bingo – 12:30 Double Pinochle 1:30 Coloring Book Club 1:45 Line Dancing 2:00 Awestruck CE Study w/ Robena</p>	<p>6</p> <p>9:00 Walking Club 9:00 AOA Adaptive Yoga w/ Rose 9:00 Zumba Gold w/ Lisa 10:00 Wii Bowling 10:00 AOA Chair Yoga w/ Rose 10:30 Gadget Show & Play w/ Bruce 12:00 Poker 12:30 Looming with Lupe 12:30 AgriLife 12:30 Be Senior Tech-Savvy w/ Bruce 12:30 Mahjong 1:30 Chair Volleyball Senior Holiday Road Trip 4 – 9pm</p>	<p>7</p> <p>9 – 11 Pickleball @ the Y 9:00 Water Fit Class @ AC 9:30 Silver Sneakers Classic 10:30 Zumba @ the Y 10:30 Friday Lecture Series City of Schertz Police 10:30 Silver Sneakers Circuit 12:00 Hand & Foot 12:00 7's & Canasta 12:30 WellMed First Friday Bingo 1:30 Chair Volleyball</p>
<p>10</p> <p>9 – 11 Pickleball @ the Y 9:00 Silver Sneakers Classic 10:00 Silver Sneakers Yoga 10:00 Bunco 10:35 Gentle Yoga @ the Y 12:30 Bingo – Humana 12:00 Poker 12:00 7's & Canasta 1:00 Sewing & Crafts 1:45 Line Dancing</p>	<p>11</p> <p>9:00 Walking Club 9:00 Zumba Gold w/ Lisa 9:30 Choir Practice 9:30 Wii Bowling 10:00 AOA Chair Yoga 10:30 Choir Concert 10:45 Aqua Zumba @ AC 12:30 Pinochle 12:30 Hot Potato 12:30 Looming with Lupe 1:30 Chair Volleyball</p>	<p>12</p> <p>Popcorn Raffle Day 9:15 Aqua Aerobics @ AC 9:30 WellMed Arthritis Exercise Class 9:35 Zumba @ the Y 10:30 WellMed Arthritis Exercise Class 10:35 Gentle Yoga @ the Y 11:30 WellMed Health Screenings 12:30 Bingo – NY Life 12:30 Double Pinochle 1:30 Coloring Book Club 1:45 Line Dancing 2:00 Last Day Awestruck CE Study w/ Robena 2:30 Last AMP Fall Class with WellMed 3:30 AMP Fall Class Graduation</p>	<p>13</p> <p>9:00 Last Day of Walking Club 9:00 AOA Adaptive Yoga w/ Rose 9:00 Zumba Gold w/ Lisa 10:00 Wii Bowling 10:00 AOA Chair Yoga w/ Rose 10:30 Gadget Show & Play w/ Bruce 12:00 Poker 12:30 Painting with Pat 12:30 Looming with Lupe 12:30 AgriLife 12:30 Be Senior Tech-Savvy w/ Bruce 12:30 Mahjong 1:30 Chair Volleyball</p>	<p>14</p> <p>SASC Annual Holiday Party Hosted by WellMed 9:30 Gift Exchange Hot Potato Style 10:30 Ugly & Pretty Sweater Contest 11:00 Holiday Healthy Mind & Body BINGO 12:30 Line Dancing 1:30 Snacks with Santa All Day 12 Days of Christmas Coloring Contest Holiday Surprise Giveaway & Door Prizes</p>
<p>17</p> <p>9 – 11 Pickleball @ the Y 9:00 Silver Sneakers Classic 10:00 Silver Sneakers Yoga 10:00 Bunco 10:35 Gentle Yoga @ the Y 12:30 Bingo – TruCare 12:00 Poker 12:00 7's & Canasta 1:00 Sewing & Crafts 1:45 Line Dancing</p>	<p>18</p> <p>9:00 Walking Club 9:00 Zumba Gold w/ Lisa 9:30 Wii Bowling 10:00 AOA Chair Yoga 10:45 Aqua Zumba @ AC 12:00 Poker 12:30 Pinochle 12:30 Hot Potato 12:30 Looming with Lupe 1:30 Chair Volleyball 12:30 WellMed Lecture Series</p>	<p>19</p> <p>9 – 11 Pickleball @ the Y 9:15 Aqua Aerobics @ AC 9:35 Silver Sneakers Classic 9:35 Zumba @ the Y 10:35 Silver Sneakers Circuit 10:35 Gentle Yoga @ the Y 12:30 Bingo – NBRRH 12:30 Double Pinochle 1:30 Coloring Book Club 2:30 Gingerbread Cookie Craft</p>	<p>20</p> <p>9:00 AOA Adaptive Yoga w/ Rose 9:00 Zumba Gold w/ Lisa 10:00 Wii Bowling 10:00 AOA Chair Yoga w/ Rose 10:30 Gadget Show & Play w/ Bruce 12:00 Poker 12:30 Looming with Lupe 12:30 AgriLife 12:30 Be Senior Tech-Savvy w/ Bruce 12:30 Mahjong 1:30 Chair Volleyball</p>	<p>21</p> <p>9 – 11 Pickleball @ the Y 9:00 Water Fit Class @ AC 9:30 Silver Sneakers Classic 10:30 Friday Lecture Series Cathy Marston – Holistic Health 10:30 Zumba @ the Y 10:30 Silver Sneakers Circuit 12:00 Hand & Foot 12:00 7's & Canasta 1:30 Chair Volleyball</p>
<p>24</p> <p>Center Closed For Christmas Eve Holiday</p>	<p>25</p> <p>Center Closed For Christmas Holiday</p>	<p>26</p> <p>9:15 Aqua Aerobics @ AC 9:30 WellMed Arthritis Exercise Class 9:35 Zumba @ the Y 10:30 Family Feud 10:30 WellMed Arthritis Exercise Class 10:35 Gentle Yoga @ the Y 11:30 WellMed Health Screenings 12:30 Bingo – City of Cibolo 12:30 Double Pinochle 1:30 Coloring Book Club</p>	<p>27</p> <p>9:00 AOA Adaptive Yoga w/ Rose 9:00 Zumba Gold w/ Lisa 10:00 Wii Bowling 10:00 AOA Chair Yoga w/ Rose 10:30 Gadget Show & Play w/ Bruce 12:00 Poker 12:30 Looming with Lupe 12:30 AgriLife – Golden Gardening 12:30 Be Senior Tech-Savvy w/ Bruce 12:30 Mahjong 1:30 Chair Volleyball</p>	<p>28</p> <p>United Healthcare Monthly Birthday Party & Raffle 9:00 Water Fit Class @ AC 9:30 Silver Sneakers Classic 10:30 Zumba @ the Y 10:30 Silver Sneakers Circuit 12:00 Hand & Foot 12:00 7's & Canasta 1:30 Chair Volleyball 2:30 Chime In The New Year Craft</p>
<p>31</p> <p>Center Closed For New Year's Eve & New Year's Day Holidays (Open on 01/02/19)</p>	<p>Schertz Area Senior Center December 2018 608 Schertz Parkway Schertz, TX 78154 (210) 619-1970 Mon. – Thurs. 9am – 4pm & Fri. 9am – 5pm Activities & Classes are subject to change. Cards & Games Played Daily in the Main Area.</p>			