

Monday

Tuesday

Wednesday

Thursday

Friday

<p>9 - 11 Pickleball @ the Y 9:30 Advisory Board Meeting 9:00 Silver Sneakers Classic 10:00 Silver Sneakers Yoga 10:00 Bunco 10:30 Who Wants To Be A Millionaire 10:35 Gentle Yoga @ the Y 12:30 Bingo - Humana 12:00 Poker 12:00 7's & Canasta 1:00 Sewing & Crafts 1:45 Line Dancing</p>	<p>1 9:00 Zumba Gold w/ Lisa 9:30 Choir Practice 9:30 Wii Bowling 10:00 AOA Chair Yoga 10:35 Aqua Zumba @ AC 12:00 Poker 12:30 Pinochle 12:30 Hot Potato 12:30 Be Senior Tech Savvy W/ Mark 12:30 Inspiration with Ms. Bernice 12:30 Looming with Lupe 1:30 Chair Volleyball 2:30 Lighthouse Schertz Low Vision Club</p>	<p>2 9 - 11 Pickleball @ the Y 9:15 Aqua Aerobics @ AC 9:30 Choir Practice 9:30 Silver Sneakers Classic 9:35 Zumba @ the Y 10:30 Family Feud 10:30 Silver Sneakers Circuit 10:35 Gentle Yoga @ the Y 12:30 Bingo - 12:30 Double Pinochle 1:30 Coloring Book Club 1:45 Line Dancing 2:00 Awestruck CE Study w/ Robena 2:30 AMP Fall Class Begins with WellMed</p>	<p>3 9:00 AOA Adaptive Yoga w/ Rose 9:00 Zumba Gold w/ Lisa 10:00 Wii Bowling 10:00 AOA Chair Yoga w/ Rose 10:30 Gadget Show & Play w/ Bruce 12:00 Poker 12:30 AgriLife - Golden Gardening 12:30 Be Senior Tech-Savvy w/ Bruce 12:30 Mahjong 1:30 Chair Volleyball 4:30 - 6 AACOg Stress Busters</p>	<p>4 9 - 11 Pickleball @ the Y 9:00 Water Fit Class @ AC 9:30 Silver Sneakers Classic 10:30 FLS: City Early Elections 10:30 Zumba @ the Y 10:30 Silver Sneakers Circuit 12:00 Hand & Foot 12:00 7's & Canasta 12:30 WellMed First Friday Bingo 12:30 Devotion in Motion 1:30 Chair Volleyball</p>
<p>8  Center Closed For Columbus Day</p>	<p>9 Casino Trip All Day 9:00 Zumba Gold w/ Lisa 9:30 Choir Practice 9:30 Wii Bowling 10:00 AOA Chair Yoga 10:30 BIOMOTION - Functional Fitness 10:35 Aqua Zumba @ AC 12:00 Poker 12:30 Pinochle 12:30 Hot Potato 12:30 Be Senior Tech Savvy W/ Mark 12:30 Inspiration with Ms. Bernice 12:30 Looming with Lupe 1:30 Chair Volleyball</p>	<p>10 Popcorn Raffle Day 9:15 Aqua Aerobics @ AC 9:30 WellMed Arthritis Exercise Class 9:35 Zumba @ the Y 10:30 Family Feud 10:30 WellMed Arthritis Exercise Class 10:35 Gentle Yoga @ the Y 11:30 WellMed Health Screenings 12:30 Bingo - NY Life 12:30 Double Pinochle 1:30 Coloring Book Club 1:45 Line Dancing 2:00 Awestruck CE Study w/ Robena 2:30 AMP Fall Class with WellMed</p>	<p>11 9:00 AOA Adaptive Yoga w/ Rose 9:00 Zumba Gold w/ Lisa 10:00 Wii Bowling 10:00 AOA Chair Yoga w/ Rose 10:30 Gadget Show & Play w/ Bruce 12:00 Poker 12:30 Painting with Pat 12:30 AgriLife - Eat Smart 12:30 Be Senior Tech-Savvy w/ Bruce 12:30 Mahjong 1:30 Chair Volleyball 4:30 - 6 AACOg Stress Busters</p>	<p>12 9 - 11 Pickleball @ the Y 9:00 Water Fit Class @ AC 9 - 11 Pickleball @ the Y 9:30 Silver Sneakers Classic 10:30 Zumba @ the Y 10:30 Silver Sneakers Circuit 12:00 Hand & Foot 12:00 7's & Canasta 12:30 Devotion in Motion 1:30 Chair Volleyball Fall Frolic & Frenzy Games 6 to 8pm</p>
<p>15 9 - 11 Pickleball @ the Y 9:00 Silver Sneakers Classic 10:00 Silver Sneakers Yoga 10:00 Bunco 10:30 Who Wants To Be A Millionaire 10:35 Gentle Yoga @ the Y 12:30 Bingo - TruCare 12:00 Poker 12:00 7's & Canasta 1:00 Sewing & Crafts 1:45 Line Dancing</p>	<p>16 Walking Club Begins 9:00 Zumba Gold w/ Lisa 9:30 Choir Practice 9:30 Wii Bowling 10:00 AOA Chair Yoga 10:30 Choir Concert 10:35 Aqua Zumba @ AC 12:30 Pinochle 12:30 Hot Potato 12:30 Be Senior Tech Savvy W/ Mark 12:30 Inspiration with Ms. Bernice 12:30 Looming with Lupe 1:30 Chair Volleyball</p>	<p>17 9 - 11 Pickleball @ the Y 9:15 Aqua Aerobics @ AC 9:30 Silver Sneakers Classic 9:35 Zumba @ the Y 10:30 Family Feud 10:30 Silver Sneakers Circuit 10:35 Gentle Yoga @ the Y 12:30 Bingo - NBRRH 12:30 Double Pinochle 1:30 Coloring Book Club 1:45 Line Dancing 2:00 Awestruck CE Study w/ Robena 2:30 AMP Fall Class with WellMed</p>	<p>18 9:00 Walking Club 9:00 AOA Adaptive Yoga w/ Rose 9:00 Zumba Gold w/ Lisa 10:00 Wii Bowling 10:00 AOA Chair Yoga w/ Rose 10:30 Gadget Show & Play w/ Bruce 12:00 Poker 12:30 AgriLife - Golden Gardening 12:30 Be Senior Tech-Savvy w/ Bruce 12:30 Mahjong 1:30 Senior Community Roundtable 1:30 Chair Volleyball 4:30 - 6 AACOg Stress Busters</p>	<p>19 9 - 11 Pickleball @ the Y 9:00 Water Fit Class @ AC 9:30 Silver Sneakers Classic 10:30 FLS: Generations with Peggy 10:30 Zumba @ the Y 10:30 Silver Sneakers Circuit 12:00 Hand & Foot 12:00 7's & Canasta 12:30 Devotion in Motion 1:30 Chair Volleyball Fall Craft Fair & Bazaar Fri & Sat 9am - 3pm</p>
<p>22 9 - 11 Pickleball @ the Y 9:00 Silver Sneakers Classic 10:00 Silver Sneakers Yoga 10:00 Bunco 10:30 Who Wants To Be A Millionaire 10:35 Gentle Yoga @ the Y 12:30 Bingo - SilverTree 12:00 Poker 12:00 7's & Canasta 1:00 Sewing & Crafts 1:45 Line Dancing</p>	<p>23 Walking Club 9:00 Zumba Gold w/ Lisa 9:30 Wii Bowling 10:00 AOA Chair Yoga 10:30 Schertz Library IT Tech Help 10:35 Aqua Zumba @ AC 12:00 Poker 12:30 Pinochle 12:30 Hot Potato 12:30 Be Senior Tech Savvy W/ Mark 12:30 Inspiration with Ms. Bernice 12:30 Looming with Lupe 1:30 Chair Volleyball</p>	<p>24 9:15 Aqua Aerobics @ AC 9:30 WellMed Arthritis Exercise Class 9:35 Zumba @ the Y 10:30 Family Feud 10:30 WellMed Arthritis Exercise Class 10:35 Gentle Yoga @ the Y 11:30 WellMed Health Screenings 12:30 Bingo - Adv. Rehab & Healthcare 12:30 Double Pinochle 1:30 Coloring Book Club 1:45 Line Dancing 2:00 Awestruck CE Study w/ Robena 2:30 AMP Fall Class with WellMed</p>	<p>25 9:00 Walking Club 9:00 AOA Adaptive Yoga w/ Rose 9:00 Zumba Gold w/ Lisa 10:00 Wii Bowling 10:00 AOA Chair Yoga w/ Rose 10:30 Gadget Show & Play w/ Bruce 12:00 Poker 12:30 Painting with Pat 12:30 AgriLife - Eat Smart 12:30 Be Senior Tech-Savvy w/ Bruce 12:30 Mahjong 1:30 WellMed Lecture Series 1:30 Chair Volleyball 4:30 - 6 AACOg Stress Busters</p>	<p>26 United Healthcare Monthly Birthday Party & Raffle 9 - 11 Pickleball @ the Y 9:00 Water Fit Class @ AC 9:30 Silver Sneakers Classic 10:00 Schertz EMT Flu Shots 10:30 Zumba @ the Y 10:30 Silver Sneakers Circuit 12:00 Hand & Foot 12:00 7's & Canasta 12:30 Devotion in Motion 1:30 Chair Volleyball</p>
<p>29 9 - 11 Pickleball @ the Y 9:00 Silver Sneakers Classic 10:00 Silver Sneakers Yoga 10:00 Bunco 10:30 Who Wants To Be A Millionaire 10:35 Gentle Yoga @ the Y 12:30 Bingo - Missy Carpenter RE/MAX 12:00 Poker 12:00 7's & Canasta 1:00 Sewing & Crafts 1:45 Line Dancing</p>	<p>30 Walking Club 9:00 Zumba Gold w/ Lisa 9:30 Choir Practice 9:30 Wii Bowling 10:00 AOA Chair Yoga 10:35 Aqua Zumba @ AC 12:00 Poker 12:30 Pinochle 12:30 Hot Potato 12:30 Be Senior Tech Savvy W/ Mark 12:30 Inspiration with Ms. Bernice 12:30 Looming with Lupe 1:30 Chair Volleyball</p>	<p>31 9 - 11 Pickleball @ the Y 9:15 Aqua Aerobics @ AC 9:30 Silver Sneakers Classic 9:30 Choir Practice 9:35 Zumba @ the Y 10:30 Silver Sneakers Circuit 10:35 Gentle Yoga @ the Y 12:30 Bingo - City Of Schertz 12:30 Double Pinochle 1:30 Halloween Parade & Trick O' Treat 2:00 Awestruck CE Study w/ Robena 2:30 AMP Fall Class with WellMed</p>	<p>Schertz Area Senior Center OCTOBER 2018 608 Schertz Parkway Schertz, TX 78154 (210) 619-1970 Mon. - Thurs. 9am - 4pm & Fri. 9am - 5pm Activities & Classes are subject to change. Cards & Games Played Daily in the Main Area.</p>	